



Savoury Options

Soup of the Day
Suitable for Vegans
Please see board for details
£2.95

Soup of the Day
Served with White Bloomer and Butter,
Or Oatcakes
£3.95

Grilled Baguette
Served with Side Salad and Crisps
Please see board for details and fillings
From £8.50

Toastie
Served with Side Salad and Crisps
Please see board for details and fillings
From £6.50

White Bloomer Sandwich
Served with Side Salad and Crisps
Please see board for details and fillings
From £5.50

IF YOU HAVE A FOOD ALLERGY OR A SPECIAL DIETARY REQUIREMENT PLEASE INFORM A MEMBER OF STAFF
We are taking extreme precaution when making and handling gluten free products, however gluten free products are made in a kitchen that handles gluten and so does the café, with that we cannot guarantee that products do not contain traces of gluten due to possible cross contamination.
All products are made in a kitchen that handles peanuts, nuts, soya, wheat and dairies and may contain traces of all.



*Baked Potato
Served with Butter, Side Salad and Crisps
£5*

*Baked Potato
Served with a Variety of Fillings, Side Salad and Crisps
Please see board for details and fillings
From £5.50*

*For our daily specials please ask our volunteers or have
a look at the board*

Patisserie

*Pistachio Heaven
-Gluten Free-*

*Pistachio Bavarois with Raspberry Mousse on a
Crispy Base with White Chocolate, Pistachio and
Apricot
£4.95*

*Pecan & Caramel Tart
Suitable for Vegans
£4.95*



Tarte Noisette

*Beautiful Tart with Hazelnut Praline, Caramel and
Hazelnuts*

£4.95

Carrot Cake

*Made with fresh organic Carrots and served with a
cream cheese based crème*

Carrot Cake is Dairy Free – Crème is optional

£3.85

Lemon Drizzle Cake

£3.85

Fruit Scone

With butter and/or jam

£1.90

Mill of Benholm Shortbread

£1.20

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a look at the board*



CAFE AT THE MILL

Hot and Cold Beverages

*All Coffees are made from Illy Brazilian Arabica Coffee
Beans grown to regenerative standards certified by Control
Union*

<i>Black Coffee</i>	<i>£2.50</i>
<i>Espresso</i>	<i>£2.00</i>
<i>Cappuccino (Espresso with steamed milk and foam)</i>	<i>£3.50</i>
<i>Latte (Espresso filled with steamed milk)</i>	<i>£3.50</i>
<i>Latte Macchiato</i> <i>(Espresso in steamed milk finished with foam)</i>	<i>£3.50</i>
<i>Flat White</i>	<i>£3.50</i>
<i>Coffee Lungo (Espresso with a little extra hot water)</i>	<i>£2.50</i>
<i>Coffee Cortado</i> <i>(Espresso with equal amount of steamed milk)</i>	<i>£2.80</i>
<i>Hot Chocolate</i>	<i>£3.50</i>
<i>Organic Tea</i>	<i>£2.00</i>
<i>Organic Decaf Tea</i>	<i>£2.00</i>
<i>Organic Earl Grey Tea</i>	<i>£2.50</i>
<i>Organic Green Tea</i>	<i>£2.50</i>
<i>Organic Chamomile Tea</i>	<i>£2.50</i>
<i>Organic Peppermint Tea</i>	<i>£2.50</i>
<i>Hibiscus Tea</i>	<i>£2.50</i>
<i>Vitamin Well Strawberry/Rhubarb</i>	<i>£2.50</i>
<i>Orange Juice</i>	<i>£2.00</i>
<i>Apple Juice</i>	<i>£1.80</i>
<i>Water Sparkling</i>	<i>£1.80</i>
<i>Water Still</i>	<i>£1.50</i>

Any extra shot of coffee will be charged at £0.50

CAFE AT THE MILL *Mill of Benholm*



The Mill of Benholm in the People's Journal 1934

Historic records suggest that there may have been a mill in the Parish of Benholm from the late 12th century, they certainly associate the Mill to the Kirkton of Benholm in the early 16th century. The meal mill's current earliest remains are thought to be over 300 years old, with rebuilding and extension in 1817, at the time of agricultural improvements in the parish.



Garden's Map of Pincardineshire (1774): The kirk and manse are illustrated between the two river crossings on the earlier 'coach road', and the mill a little further south close to the convergence of the two water courses. Note Annie's Dam at the northern boundary of the parish. Annie's Dam was an additional water reservoir to supplement the water in the Mill Dam if needed